

## The Anthroposophical Society: A Global Community

The Anthroposophical Society is an international community, bringing together individuals who are awakening to new possibilities and recognize the need for a renewed understanding of the spiritual world. Motivated by a desire to create something new and meaningful, these members work towards shaping a more conscious and purposeful future.

### The 2026 Conference: Fostering Engagement and Collaboration

The upcoming 2026 conference will span four days and is designed to inspire those working with anthroposophical ideals. Its purpose is to encourage participants to truly “see” one another and work collaboratively. The event will foster community engagement through a diverse programme of lectures, discussions, workshops, and social activities.

Forum for Anthroposophy  
Nairobi Kenya  
Forum Committee:  
Esther Nyagah, Troels Ussing,  
Josphat Gogani, Judith Brown

CONFERENCE 2026		THE POWER OF COMMUNITY ENGAGEMENT			
Time	MONDAY 30th March		TUESDAY 31st March	WEDNESDAY 1st April	THURSDAY 2nd April
08:30		08:30	Morning Circle	Morning Circle	Morning Circle
9:00 to 10:30		9:00	Lecture - Individual Development as the basis for Community building Esther Nyagah	The Anthroposophical Society as a force for creating new Communities - Ueli Hurter	Anthroposophical Plenum with main speakers
10:30			BREAK	BREAK	BREAK
11:00 to 12:00	Registration	11:00	Discussion	Discussion	East Africa Teacher Training Graduation Ceremony
12:00 to 1:00	Registration	12:00	Workshops: Communication, Nature Observation, Personal Development, bio-dynamic Agriculture, Special Needs, Working with Anthroposophy, FAQ on Waldorf Education	Workshops: Communication, Nature Observation, Personal Development, bio-dynamic Agriculture, Special Needs, Working with Anthroposophy, FAQ on Waldorf Education	
1:00	LUNCH	1:00	LUNCH	LUNCH	Closing Conference
2:00	Opening Ceremony Introduction to Ueli Hurter	2:00	Artistic session: Eurythmy, Drama, Dance, Painting, Drawing, Woodwork, Music	Artistic session: Eurythmy, Drama, Dance, Painting, Drawing, Woodwork, Music	LUNCH
3:00	TEA	3:00	TEA	TEA	
3.30	Opening Lecture: Anthroposophy as inspiration - awakening to community - Troels Ussing	3:30	The Power of Community Engagement Questions and Conversations	The Power of Community Engagement Questions and Conversations	
5:00	Information	4:45	Evening Circle	Evening Circle	
6:00	SUPPER	6:00	SUPPER	SUPPER AND SOCIAL EVENING	

# THE POWER OF COMMUNITY ENGAGEMENT CONFERENCE

30<sup>th</sup> March to 2<sup>nd</sup> April 2026

At the Rudolf Steiner School Mbagathi  
Nairobi, Kenya

## Recognizing Our Shared Humanity

In today's world, there is a profound desire to recognize the human qualities in one another. Many people find themselves reflecting deeply on essential questions: Who am I? What is my life's purpose? How can we honour Mother Earth and her fertility, and live a life of dignity where goodness is evident? How can we unite in pursuit of what is true, good and beautiful?

## The Transformative Power of Anthroposophy

Encountering anthroposophy awakens individuals to new possibilities. Rather than providing readymade solutions, anthroposophy inspires an inner awakening, urging people to pursue their highest ideals. These ideals serve as sources of strength and energy. When individuals who share common ideals come together and dedicate themselves to the common good, they can become a powerful force for change and creativity in the world.

### Guest Speaker:

#### Ueli Hurter

Ueli was a biodynamic farmer up until 2020 at Ferme-Fromagerie de L'Aubier. From 1997 until 2010 he was president of the Swiss Demeter Association and since 2002 a board member of the International Biodynamic Association (IBDA). Since 2010 he is the co-leader of the Section for Agriculture at the Goetheanum and since 2020 member of the Executive Council of the General Anthroposophical Society.

### Speakers and Facilitators:

#### Troels Ussing

Troels was a Waldorf teacher in Denmark for many years and was the chairman of the Anthroposophical Society in Denmark. He has throughout many years been part of the Rudolf Steiner School Mbagathi and the East African Waldorf Association. He works intensively in courses and workshops with spiritual science.

#### Esther Nyagah

Esther is a dedicated Waldorf educator and teacher trainer with 23 years of experience at The Nairobi Waldorf School. She has taught in both kindergarten and primary levels. Her passion for Waldorf education extends to a deep interest in anthroposophy. She has initiated a thriving parents' study group. Her vision is to see anthroposophy flourish in East and Central Africa.

#### Josphat Gogani

Josphat is the East Africa Teacher Training Coordinator and a dedicated Waldorf and special education teacher known for his dynamic, heart-centered approach to learning. He brings warmth, creativity, and cultural depth to his work. He is a teacher at the Nairobi Waldorf School.

### Workshops:

- Communication
- Nature Observation
- Personal Development
- Bio-dynamic Agriculture
- Special Needs
- Working with Anthroposophy
- Frequently Asked Questions on Waldorf Education

### Artistic Sessions:

- Eurythmy
- Drama
- Traditional Dance
- Painting
- Drawing
- Woodwork
- Music



Glass work by Nani Croze

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