



RUDOLF STEINER SCHOOL NEWSLETTER



MESSAGE FROM THE SCHOOL LEADER

Dear Friends and Sponsors,

The school is now approaching mid-year and the children are working hard in their classes. Our Waldorf curriculum is the basis for our education and it is the guideline for our teachers. This is our first year with class 10, following the new Kenyan curriculum called the competency based curriculum (CBC), our class 10 sit for a new exam at the end of October this year.

I would like to thank you for showing an interest in our school, and for your support throughout, it is you that enables the school to run.

Judith Brown

If a child has been able in his play to give up his whole loving being to the world around him, he will be able, in the serious tasks of later life, to devote himself with confidence and power to the service of the world.'

Rudolf Steiner

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SETTLED DOWN NOW IN GRADE 1

The 7th January 2025 feels like just the other day when we had a wonderful ceremony to welcome the new grade one learners to join the primary school. It was a group of thirty six beautiful angels who were eager to adventure into this new life of learning. In the first few weeks, they were trying to find their new way of transition from kindergarten to primary. At break time, they would play and never hear the bell until I had to gather them and make the 'chuchu train' that led us back to class.

In class they have learnt many new things like how to hold the main lesson books before opening them, how to hold and use the block crayons appropriately and getting involved in the general class activities. Day by day, they have suited well into the rhythm and learning has become interesting and enjoyable.

Philisia Shake- Grade One

STUDENT LIFE IN GRADE 10

Student life is the best part of our life. We get to learn many things from books. It is a life of learning. Here at the Rudolf Steiner School we get a chance to explore different avenues in different dimensions. We have grown emotionally, artistically and intellectually. This being the last year in this school, we are hoping for a better future life ahead of us.

Christine Ayole - Grade 10



A NEW PLACE, A NEW HOME



At the Rudolf Steiner Mbagathi, teaching is not just delivering the content but ensuring creativity and artistic skills are enhanced in learners. This makes learning fun and enjoyable. **Phanex Atitwa**

As a new teacher, it's a time of immense learning, adapting to new routines, building relationships with learners and colleagues and figuring out the unique Waldorf teaching style. **Catherine Akinyi**

Waldorf education has given me a deeper understanding of Rudolf Steiner's philosophy, especially the hands-on learning.

Felex Mairura

Working as an Operations Officer has allowed me to support a child-centred educational environment. I am responsible for managing daily operations, including facilities, logistics, vendor coordination, and compliance. This role has enhanced my skills in team coordination, problem-solving and operational strategy within a creative environment.

Theophilus Lusala-Operations Officer

The experience of teaching the Waldorf curriculum is fascinating. The artistic part in teaching brings beauty in learning as it connects the spirit, soul and body as well as awakening how learners think, feel, do and their ability to engage their will.

Loice Alusa

Welcome our new members, from left: Phanex Atitwa, Catherine Akinyi, Theophilus Lusala, Felex Mairura and Loice Alusa

SYNTROPIC FARMING IN OUR SCHOOL

The Rudolf Steiner School Farm has undergone significant transformation over the years. In 2016 the farm adopted organic farming, which emphasizes natural processes and inputs like compost and manure. This approach aims to improve soil health, reduce environmental impact, and provide healthy food. The farm then transitioned to bio-dynamic farming, a holistic approach that emphasizes the inter-connectedness of the farm ecosystem, including soil, plants, animals, and humans. Bio-dynamic farming focuses on providing all necessary resources from within, without external sourcing, promoting health and balance. The farm has also started a syntropic farming method, mimicking natural forest succession to create a diverse self-sustaining system. This approach aims to maximize biodiversity, improve soil health, and enhance overall eco-system resilience. By imitating natural processes, syntropic farming does not require the need for pesticides and fertilizers, improving soil fertility, water retention, and the overall soil health naturally.

Francis Kilonzo -Farm Manager



I WANT TO BE A DOCTOR: Caren's dream

My name is Caren Mainte. I'm in Grade 3, and I come from a remote, semi-arid part of Kenya, about 60 kilometers from Rudolf Steiner School, Mbagathi. I am the third born of five children in a nomadic family. We move often with our goats and cows, searching for water and pasture. We live in a manyatta, a traditional house made of sticks, mud, and cow dung. Life in my community is hard. The nearest school is between 4 to 6 kilometres away, and many children miss class to help at home or fetch water. My older brother is still in Grade 1 because he couldn't attend regularly.



Even with all these challenges, I love going to school. Rudolf Steiner School has helped me by providing learning materials and support. I know that education can change my life, and I am doing my best. When I grow up, I want to be a doctor, to help other children, just like I am being helped now. Thank you for helping me learn!

Reported by Kitonyi Mutinda, Sponsorship Officer, after a home visit.



GRADE FIVE MAIN LESSON



My name is Joy Ikhumba and I am in Grade Five. I would like to talk about our Grade Five main lesson. Our main lesson has many blocks. The first block we did was botany, then we did ancient myths and now we are doing Geometry. In botany we learnt about plants but in ancient mythologies we learnt about ancient India, ancient Persia, ancient Babylon and Egypt. In geometry we are learning about shapes. Our teacher is Miss Keziah, she is the best.

Joy Ikhumba - Grade 5



FIRST TIME CAMPING IN NAIVASHA

Our hands waved in the cold air as we bid farewell to the KWS (Kenya Wildlife Service) members who had granted us refuge the previous night. The driver roughed up the engine and the bus drove off as we left a cloud of dust behind, excitement surged through our bodies. We were jumping up with joy because we were going to set up our camping site. It did not take long before our arrival. We quickly divided ourselves into our respective groups and started the pitching. We pitched our four green tents and offloaded our luggage. We took a long bubble bath that left everyone as cool as a cucumber. I knew that was the right time to enrich my experience and broaden my horizon. That is how we learnt to be courageous.

Blessing Wamuyu - Grade Seven



NGONG HILLS TRIP



On the fateful day, we arrived at school and started helping in packing our food and the driver came and led us to where the bus was. We boarded the bus and along the way we sang so many songs.

When we reached Ngong Hills, we started climbing slowly and we managed to walk up and down the seven hills to the end. We were tired and hungry so we sat down to have our lunch. After our lunch we went to the bus and after praying, we started our journey back. It was an enjoyable trip.

Lianna Tunde - Grade Five

OUR BEAUTIFUL STORY

We have just begun our exceptional learning tour with episodes of diverse experiences in Lili class. It is so beautiful to experience the magic from our dynamic creative learning spaces and the tranquil beauty of our sensory rich learning environment. Lili class is a haven for growth, development, discovery and wonder, the little angels begin to nurture their talents, which is inspired by their curiosity. We are also in tune with nature, when we do outdoor activities, this has helped us to become more deeply connected to nature and so we are enmeshed in the rhythm of nature. We are bubbling with overflowing joy as we explore our new learning tour. This beautiful story knows no bounds as it goes beyond the literal sense of starting a new chapter, it represents a continual process of transformation.

Teacher Prisca Meso - Kindergarten



OUR MANGO TREE: A Natural Treasure in the School

In the right side of our school compound stands a very special mango tree, a symbol of growth, life, and shared memories. Over the years, it has grown quietly, offering shade, beauty, and a peaceful place for students and people around to enjoy.

Every February, the tree becomes the centre of attention because its mangoes are in season. Students look forward to this time each year, excited to spot the first fruit and share mangoes with their friends. During other times the tree offers shade to us and offers birds a place to call home. The tree teaches us many lessons like, patience, honesty and many more. Appreciation is the biggest lesson it teaches us.

We are thankful for this simple but powerful part of our school and we look forward to many more seasons of sweetness and memories under the mango tree. **Baraka Soo- Grade Six**



A MEMORABLE VISIT FROM HONG KONG STUDENTS



In February 2025, a group of Hong Kong students from Island Waldorf School visited our school for over a week, bringing warmth, kindness, and cultural exchange. They became like brothers and sisters, bonding through games, discussions, and meals. We created friendships that we hope will last a lifetime. The highlight was their performance, bringing the entire school together in celebration. Their visit reminded us of the beauty of cultural exchange and welcoming new friends.

Alex Otieno- Grade 8

MY EXPERIENCE AS A SPONSORSHIP OFFICER

On 6th January 2025, I had the privilege of joining the Rudolf Steiner School, Mbagathi, a transition that has been both enriching and inspiring. Coming from schools in informal settlements, I see this environment has a unique opportunity to contribute and learn. The school's commitment to creativity, hands-on learning, artistic expression, and connection to nature defines its holistic approach.

In my first weeks, I supported admissions for new kindergarten and top-up students. Witnessing the excitement of parents and children eager to join the school community was truly uplifting. The strong demand for spaces reflects how much parents love and value the school, though some have to wait for future enrolment due to limited capacity. What inspires me most are the students. Their curiosity, artistic talents, and thoughtful expression demonstrate the profound impact of the Waldorf approach. Rudolf Steiner School, Mbagathi, has quickly become a place I proudly call home. I look forward to strengthening the relationship between our dear sponsors, the school and supporting every child's growth in this exceptional environment.

Kitonyi Mutinda - Sponsorship Officer



SPONSORING A CHILD

Did you know that sponsoring a child is an opportunity available to everyone?

Yes, anyone can become a sponsor.

By sponsoring a child, you are providing more than just basic needs; you offer hope and a chance for a brighter future. With a small commitment you can change a life forever.

Thank you for being a part of a child's journey!

Interested in sponsoring? Contact us at:

sponsorshipoffice@steinerschoolmbagathi.co.ke

