



RUDOLF STEINER SCHOOL NEWSLETTER FOR JUNE 2024



MESSAGE FROM THE SCHOOL LEADER

Dear Friends,

Greetings from the Rudolf Steiner School Mbagathi - we wish to thank all our well-wishers for their dedicated support. The children are all joyfully attending classes, full of eagerness to learn. This term our school opened two weeks late due to the torrential rains in the country. They are now over but our school garden was totally destroyed and we are in the process of building it up again so that the production of healthy vegetables can grow again.

We are now into the second year of Junior High, a development of the Government's new educational system. Next year we will be adding Class 10 to our school which will complete the Junior High adding 30 more children onto our 400 children. Therefore we are required to build a classroom and Science laboratory which will start in the next couple of months. We are also building 5 single staff houses for the staff that need to be on the compound. We thank our German friends from 3 organizations who have helped us with this essential new step. This really raises our level of education.

We thank all our contributors from the bottom of our hearts, without which the school could not run.

Thank you all - Judith Brown - School Leader

***If humanity is to live in
the future in a socially
right way, humanity
must educate its
children in a socially
right way***

Rudolf Steiner

INSIDE THIS ISSUE:

School Leader's Message.....	1
The journey has been good.....	1
Rulers from the wood.....	2
News for the ears and the heart.....	2
Monkeys in school.....	2
Walking home.....	2
Our school goats.....	3
A trip to Mwea.....	3
The day everything came to a stand still.....	3
Floods	3
Art in my heart.....	4
My sweet meal in school.....	4
Our school Garden.....	4
My boarding life.....	4



Grade 1

THE JOURNEY HAS BEEN GOOD

Edited by:
Vincent Araka
Prisca Meso
Albert Otieno

So far our class is filled with growth and learning; we are glad to share our exciting journey. We have explored the world of numbers and letters through fairy tales and nature stories. The children have grown both physically and intellectually. They enjoy doing handwork, painting and going for nature walks, and slowly we are developing language and literacy skills. Each day is a learning day for both the learners and the teacher. The learners have made tremendous steps in their development and my work as an educator is to nurture and guide these little angels to reach their full potential throughout their learning journey.

Teacher Petronilla James - Grade 1 Teacher



RULERS FROM THE WOOD

In grade Three we made rulers for ourselves. Teacher Wycliffe and teacher Richard guided us. We sanded the wood and used a marker pen to mark. We then put varnish on the rulers, waited for them to dry and they were ready. Woodwork is fun.

Dwayne Harald - Grade 3



Measurement Class

NEWS FOR THE EARS AND THE EYES



RTN

We, being the RTN (Rudolf Television Network) journalists, are a young teenage club that strives in collecting, preparing and distributing news to our fellow students and teachers. We work collaboratively to think about what people want and need and assign the roles according to one's ability. Our main goal is to enhance keen observation skills, critical thinking and learn to be effective communicators. Our main objective is to inform, educate and entertain students through informative and constructive activities such as shaping public awareness, encouraging decisions and influencing changes. Our ABC rule is what drives us to be committed and focused and that is: Accuracy, Brevity and Clarity.

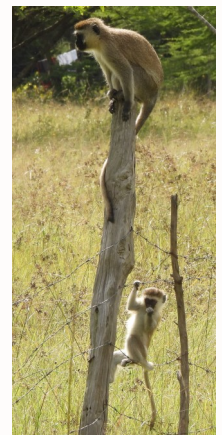
Chantelle Chetpanui - Grade 9

Jeniffer Nasieku - Grade 7

MONKEYS IN SCHOOL

There is an animal with a long tail that climbs trees and lives in countries like Kenya. The monkey is an animal that surprisingly shares ninety percent of its DNA with human beings. Some studies speculate that we originated from the monkey family. The animal has been beneficial in making up some of the English phrases like 'monkey business' and 'monkey chanting' among others. Monkeys are a tourist attraction in the countries where they are found. We have been lucky to see them in our school once in a while as they jump from one tree to another. With their little ones they enjoy running around. They feed on left-over food and fruits around the school. The little children love seeing them around.

Mark Thuo - Grade 8



Vervet Monkeys

WALKING HOME

Our experience walking home is fun. We discover many things, places and animals. The first thing we do is wake up and prepare ourselves to go to school. We are always excited because walking is very interesting and fun.

While we walk to school in the morning we experience many people, roads, buildings, walls and monuments. While going home we see different sky appearances such as coarse, glittering, shifting and rippling.

Walking home gives us an experience of many things more than using the bus. However, sometimes when we walk home there are some challenges that we experience such as being at risk of being hit by speeding vehicles, meeting people who might harm us and the wild animals. We are always reminded to be careful as we walk home.

Angel Mutheu- Grade 7



Walking home

OUR SCHOOL GOATS - THE COMMUNITY AND A DONATION IN KIND

A goat is a good animal. Last year we received a mother goat in our school. It was interesting to have her in our school even though we already had a billy goat. It was a good sight and a new experience since we have been having cows all along. After a few months we had a kid. Now we have three goats. It is the best thing to see them eating leaves and grass on the school compound. **Biden Mulongo - Grade 8**



Biden with our kid

In 2023, a parent to a newly admitted Class 1 girl under the Sponsorship Programme brought us a billy goat as a 'Donation in Kind' as appreciation to support his daughter in the school and boarding. However, owing to the drought that persisted throughout most of the country and in his Masai homeland, the rest of his meagre flock died, and he was unable to bring a companion for the goat. The school then decided to complete the family with a companion called Betty goat, and the flock continues to grow, with the first kid birthed two months ago. We wish to encourage our parents who are unable to pay fees to donate where they are able.

Neema Kahiga - School Administration

A TRIP TO MWEA

Mwea irrigation scheme is found in a county called Kirinyanga. It is the most famous irrigation scheme in Kenya which supplies rice to all parts of Kenya. Our class made a trip to Mwea. When we were there, we went to Thiba Dam first. Thiba Dam is important for the irrigation scheme since it supplies water to it. We then went to the factory where the white rice is processed. It was fascinating to see how it changes from brown rice to white rice. On our way back we decided to go and see some fish which are part of the scheme. We saw different types of fish like Nile Perch and Tilapia. It was a nice trip. **Dorcas Owiso and Nicole Nkirote - Grade 6**



Thiba Dam

THE DAYS THAT THE SCHOOL CAME TO A STAND STILL

It started off like the soft tears of a baby, landing softly on velvet, like music. It progressed into showers, making the farmer's shirts wet on their backs. It was then that the thunderous torrents roared as they fell, piercing the ground like Shaka's spear. We thought it was forever.

The little ones kept on looking through the windows of their houses, standing on a stool to reach the pane as the rain, like the drums of war, thundered on the ground outside. They imagined how the vibrations felt as the ground continued to contain the hammering. They also began to wonder about the playground in school: "Their favourite corners during break must be a pool of storm water and mud." They looked up as the ominous dark clouds spilled rain. They had moments in reminiscing about their classmates and friends, who were stuck at home in the wet wilderness, that they had never experienced before. "I wonder what they are doing now," they muttered to themselves. They asked their parents, "Will this rain ever stop? What about the huge river carrying tons of debris cascading outside the compounds on the streets? Shall we ever play again? What about my favourite activity, and our lovely teachers?" After a long wait and just about to give up, boom! The thundering subsided. It was like a command up in the clouds had been given: stop! The soft whispering droplets came back again, and up in the sky, the sun peeped through an opening. Soon, it was blazing in the entire place. All the children excitedly came back to school. **Priscah Meso - Kindergarten Teacher**

FLOODS

I spent my holiday doing my homework and helping my parents with house chores. The weather was okay but it started raining heavily. Whenever it rained there was mud everywhere and water in the rivers increased in volume. In our area two women were swept by floods as they were going to work. Roads were destroyed and crops died. It was a sad time for us. These floods made us stay at home for two more weeks. When the rain reduced we came back to school although the roads were bad. **Emmanuel Githinji - Grade 7**



Emmanuel

ART IN MY HEART

The great Leonardo Da Vinci and the great Michelangelo are both artists that though they practiced different mediums of art, had one thing in common – passion for the skill, so do I. I would compare my art journey to that of a candle and a fierce fire in the furnace. My small flame was lit in the kindergarten where I absolutely enjoyed the art lessons and as I progressed in years it continued to grow. The source of fuel was my continuous discovery of the amazing world.

Apart from being my source of expression, art has also helped me in visualizing concepts for myself. This gives me a kind of superpower in breaking objects down to the root of their very existence. I hope to keep my passion for art alive in the future just like my favourite artists Wlop, Leonardo Da Vinci and Bob Ross.

Myra Wanza - Grade 9



Myra

MY SWEET MEAL IN SCHOOL



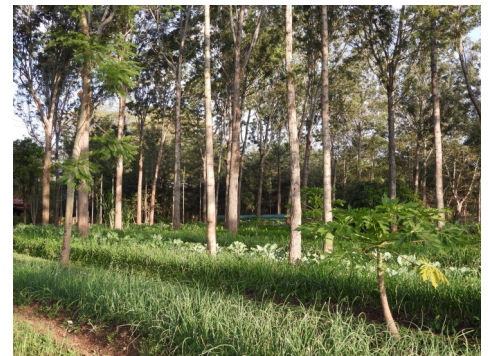
Githeri

In our school we have different types of meals and each day has its own menu. On Monday morning we have porridge and at lunch time we have brown rice and beans. I love rice but it is not my favourite meal. On Tuesday we have githeri, a mixture of maize and beans. On Wednesday we have porridge in the morning and beef and vegetables with ugali, my favourite meal. On Thursday it is the same as Tuesday. On Friday we have cocoa and buns in the morning and rice with beans or peas for lunch. Meal times are the best. **Blessing Vuguza - Grade 6**

OUR SCHOOL GARDEN

Rudolf Steiner School is a lovely school but what people do not know is that the school garden is very attractive and beautiful. The garden is long and fertile. The garden is filled with love, beauty and peace. All plants are nursed with love and care, and the beauty of birds chirping and the silence brings peace that is all admirable. The environment is indescribable. Whenever the air hits your nose freshness fills your body and that makes everything calm. When it is scorching hot, the trees provide a shade for the plants and the gardeners. Why don't you come down to the garden?

Yi'Srael Madidi - Grade 6



School Garden

MY BOARDING LIFE



Boarding is an amazing place to be in. We are given good care and shown love. The first day I entered boarding school I was welcomed by many people who were kind. I met a boarding parent called Agnes and she welcomed me with a warm hug and a huge beautiful smile on her face. I have spent my life in the boarding and have seen that love here is indescribable because we live in peace with one another and children are kind to others. The meals that we eat are cooked well and also we eat well. Sometimes boarding parents

can decide to take us for a trip and give us a nice treat.

Hope Cheron - Grade 6



Boarding mother Agnes with boarding girls