

# ***RUDOLF STEINER SCHOOL MBAGATHI NEWS LETTER AUGUST 2022***

**Edited by:**

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## **MESSAGE FROM THE SCHOOL LEADER**

Dear Friends,

Greetings from the Rudolf Steiner School. Our school is running well and learning is continuing with enthusiasm from both the children and the teachers.

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Limited Covid restrictions remain in place, the government requires schools to have four terms in the year 2022 to make up for lost time. We expect our yearly rhythm will return at the beginning of 2023. Schools also have had to take a short break while the 2022 elections took place as many schools were being used for polling stations; and elections also bring a degree of nervousness in the country due to previous post-election violence. Schools are open again but there remains an ongoing process while the presidential result declared is being contested.

The condition in the country, especially drought and also the effects of the Ukraine war have forced prices to rise dramatically. This inevitably puts a strain on families and schools, especially in the area of food and fuel. The school never the less is making steps in its development.

The special needs department is grounding. Counselling sessions have taken further steps with our school counsellor visiting weekly. We have a medical officer also making her first steps in our school with assessments and sessions for the children, parents and staff. These particular developments are not possible without partner organizations.

Additional toilets were required in both our girls and boys boarding where we house 120 children. This was a government requirement which is in process.

Our school relies on our good sponsors who faithfully pay their monthly contribution to the school. We value this gift in our hearts and say a big thank you for making this school possible.

***Judith Brown***

## **HAPPY TO BE IN GRADE ONE**

The entry into grade one marked yet another journey into primary school. The welcome that we received during the transition journey is unforgettable. The children now know their way around the school and have made many new friends. There are many new experiences they have learnt from their class activities and outside interactions. They have learnt a lot in the blocks that we have covered. Wednesday is their best day since they get an opportunity to skip, jump and run outside and also do a lot of other games in class. We are having the best moments in our educational journey.

***Tr. Wycliffe Oduor - Grade One***



## THANKS FOR OUR STAY IN THE SCHOOL

I joined the school in class 5 and the experience was a mixed one. I was tensed being in a new environment but later I felt comfortable. The teachers and my fellow students were friendly to me and everyone else including the boarding parents. Since then I have personally learnt a lot together with my fellow classmates. The learning content in Waldorf approach, the advice and encouragement are some of the things that have made us pull through. The school has taught us to be disciplined and also has uplifted our self-esteem too. We have enjoyed being here with the support from sponsors. Those of us who were sponsored are very grateful and do not take it for granted. As we prepare for our exams, we are sad that we will soon exit this beautiful environment. Thank you for having us here and we have really enjoyed being part of the Steiner community.



**Abigael Njeri –Grade Nine**

## OUR SCHOOL FARM

Over the years the farm has undergone transformation including going deeper from organic farming to biodynamic farming which also emphasizes on the principle of the farm being self-sustaining.



**Francis Kilonzo—Farm Manager**

Biodynamic farming also involves the healing of the soil by use of biodynamic preparations. The farmers in the school garden have been trained on the biodynamic preps production, and some of the biodynamic preparation plants are grown in the garden. In the recent years the farm received funding for a green house, which helps a lot in growing of crops which are affected by harsh weather conditions like tomatoes and French beans. Thanks to the funders we also got a new drip system which has really improved the production in the garden. The farm produces very healthy food free from chemical sprays and chemical fertilizers which is good for the health of the children. The farm is also a learning area where the students learn a lot through their participation in farm activities. It is our pride as farmers when we produce healthy food and we are committed to working hard in the farm to feed the children.

## FOOD FOR THE BODY, FOOD FOR THE SOUL

Food is very important for our bodies. Here at our school we are given different types of food on different days of the week. One of the foods is rice which I love eating a lot. I always look forward to Fridays when we eat brown rice. I was told by our teacher that it is rich in nutrients since it contains all parts of the grain. When I eat brown rice I do not get hungry quickly. Besides that it is very sweet. We always eat it with beans and sometimes potatoes and it is delicious. I thank the school for giving us brown rice which we don't eat at home. I love it so much.

**Emmanuel Githinji - Grade Five**



## ST. JOHN'S CELEBRATION



On 24th Friday June 2022 at break time the bell rang and all assembled at the assembly ground. We were to celebrate St. John festival ceremony. The teachers treated us to a play about the birth of John the Baptist and Jesus. Later we went to the field where we had a fire lit. We later jumped over the fire after throwing some pieces of papers that had what we wanted to leave behind written on them into the burning fire. The ceremony taught us to leave behind our old ways and embrace the new ones.

**Joel Mugisha, class 8**



## A WORLD THAT IS FULL OF UNENDING WONDER AND BEAUTY

It is so amazing how it is impossible to explore fully the world of creativity and imagination. It is a world that knows no bounds. In that regard our school prides in consistent awakening of creativity and imagination to the learners through the artistic activities. This begins in the kindergarten where the little angels not only enjoy every second spent in artistic sessions but they also look forward for it is very exciting. In addition, these activities help them to develop holistically which is very crucial for their development.



**Prisca Meso - Kindergarten teacher**

## TIME TO CELEBRATE OUR BIRTHDAY



Birthdays are very exciting occasions and many children like to celebrate their birthdays with their classmates. In the kindergarten, this special day is made colourful by decorating a room, a short morning ring and a story is narrated. This makes a child feel loved and appreciated. A cake is shared and snacks to crown the day. All these activities are done in a scheduled time.

**Teacher Millicent - Kindergarten**



## OUR TRADITIONAL MANYATTA HOUSE

A Manyatta is a Maasai traditional hut whose roof and walls are made of sticks covered with mud and cow dung. When we went to the Bomas of Kenya we saw one and decided to make one for ourselves. We started planning the foundation and together with our teacher we dug holes and put poles inside. We tied rafters to the poles. Later we covered the roof with polythene papers and put grass on top. We mixed cow dung, red soil and water and then smeared on the rafters to make a wall. We also went inside and covered the rafters and made windows and our beds. Lastly we covered the roof with mud, making sure that the grass is well covered. We are proud of our Manyatta and all are welcome to feel it.

**Nicole and Blessings Ndinda- Grade 4**



## I LOVE IT HERE



When I joined this school I was so much happy. The environment looked different from what I was used to in my previous school. I thank the school administration for accepting me especially the sponsorship office. I like the environment and the people around me. I am so grateful to all my teachers and my classmates for welcoming me to this wonderful school. I have had a chance of learning new subjects that were not in the other school. I love subjects like music, handwork, painting and form drawing. I will work hard and make everyone proud. I am excited to be in this lovely school.

**Mary Njeri- Grade Five**

## **SPECIAL SUPPORT FOR EDUCATION**

The sponsorship office has continued to carry out its duties with utmost passion to fulfill its mission of helping the underprivileged children in the society. The children are able to receive quality Waldorf education as well as supplies that generally support education. These supplies include personal care items like undergarment, soap, toothpaste, handkerchiefs, body oil, shoe polish and many others.

They are also provided with other class items like stationery and general uniforms like sweaters and bags. This project has helped uplift the confidence of the learner by making sure that they do not lack anything regardless of their financial background. It has also helped poor families that struggle to afford these things get a relief. They can focus on buying meals among other basic needs.



The donation to fund this project is not guaranteed and therefore it remains the responsibility of the parents and guardians to provide these essentials for their children. We extend our sincere gratitude to our friends and partners from different parts of the world that help us through sponsorships and donations enabling us as a school to turn walls into doors.

*By Mercy Njoki- Sponsorship Office*

## **Empowering Parents is Empowering Children and Families**

Parents are nurturers of life. They bring it forth and see it grow while providing the right environment, circumstances and instruments. The better the provision the larger and fuller the life is. In July, the school organized a sponsorship parents meeting to empower parents to be able to do just that; create and provide life to their and our children. The joint effort pays off creating a thriving home and school environment for the vulnerable children that we take care of. The meeting was compact with education. Parents were guided and counselled on how to take care of their children emotionally, physically and spiritually. Love and care which is a basic human need was the main theme. Parents listened keenly and were eager to take it all in. Issues of cleanliness/good hygiene, language, homework, responsibility just to mention but a few were all effectively handled. In the end, parents expressed their deep heartfelt gratitude for all the school does for them to support education of their children.



**For further information or support please contact:**  
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