



RUDOLF STEINER SCHOOL NEWSLETTER FOR JUNE 2023



MESSAGE FROM THE SCHOOL LEADER

Dear Friends,

Many greetings from the Mbagathi School, after the long drought, we received good rains but this is now behind us and the landscape soon returned to its brown shade. The effects on the country from covid-19 and Ukraine war see its impact on the economy. The new government is seeking revenue and prices are sky-rocketing. Foods such as flour, oil as well as fuel and electricity continue to rise, taxes are being raised for the population as well as organizations. Consequently, this affects the financial situation of the school.

The classroom work is continuing with enthusiasm and the teachers are engaged with their children. Our school community children, staff and parents are grateful to all our supporters who keep our school going through the power of giving, known in Kenya as Harambee.

In June 2023 we tragically lost a class 9 student from a heart condition. She was blossoming in school. The community supported the family and our class 9 children; a memorial gathering was held as her final farewell.

Thank you all - Judith Brown - School Leader

To educate the whole child, his heart and his will must be reached, as well as the mind. If a child has been able in his play to give up his whole loving being to the world around him, he will be able, in the serious tasks of later life, to devote himself with confidence and power to the service of the world.

Rudolf Steiner

SO FAR SO GOOD

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The experience of working with new and innocent children has been fantastic. We organized our 'home' and established routines during term one. As the children seem to have settled down and established their rhythm, we are enjoying our time together. From the incredible experiences both inside and outside of the classroom, we are actively making memories. The students always bring what they have learned home, and every day is an opportunity for learning. The heart, the head, and the limbs have all experienced it at different times. Future days look promising.

Teacher David Muema - Grade 1 class Teacher

Edited by:

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MORNING WORK IS OUR RESPONSIBILITY

One method of instilling responsibility in us is the morning work. We always lend a hand in various capacities at the school as students. We have the chance to learn from the various areas we work in during the morning; it is enjoyable. We maintain the Napier grass area in our early work area. We always give the plants water and check on their wellbeing. Additionally, we weed the farm. The grass is essential for the life of the cows. We really enjoy doing it.

Ramsey and Jayden - Grade 5



CLOSING DAY PRESENTATIONS

We've been holding presentations on the last day of every term over the years. So many people have found their skills as a result of the presentations. It's astonishing how much effort we put into getting ready for the day. Personally, I like both participating and observing others. I find it fascinating to see the first-graders perform in front of so many people. The smiles on the parents' faces convey how much they are enjoying the day. I appreciate the teachers' dedication and direction in helping us become the best versions of ourselves.

Jeniffer Nasieku - Grade 7



WORKING WITH GOOD WOOD

One of the most fascinating subjects taught at our school is woodwork. When we are working on a project, it encourages us to think creatively while using our hands. Physically, it aids in strengthening our muscles. Additionally, woodworking enhances our ability to coordinate our eyes and minds. We are aware of our options beyond academic study. It is a subject that has shown us more options for our future professional lives. The majority of us eagerly anticipate learning this valuable lesson. *Rebbie - Grade 8*



COOKING FOR 400 CHILDREN

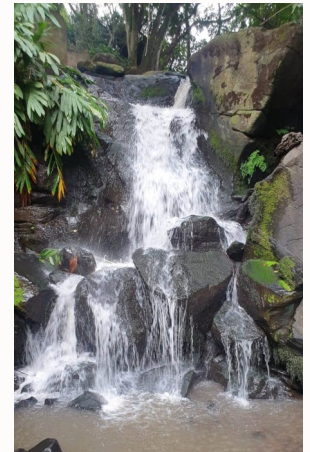
Working as a team in the kitchen has made it easy for us to provide food for many in the school. Basically, we are three that schedule ourselves to prepare breakfast, lunch and evening meals. However, three of our colleagues join us from the transport section and come in handy in helping us. It is an uphill task but we are happy that we always manage to feed the masses and they are happy when their stomachs are full. We get the majority of our vegetables from the school farm and some from outside. It is our joy to see children and adults happy and full from the food we have prepared. Team work is the key in ensuring that nobody goes without food. We are also grateful to the school administration for the support that they accord us. *Mehta - kitchen*



KINDERGARTEN TRIP

We all went on a trip to Oloolua forest. The kindergarten children had an opportunity to interact with nature at Oloolua forest. They walked through the tall trees that provided a cool atmosphere. They also had a view of the waterfall in the forest. The sound of the water really amazed the children. The children also had a chance to go inside a cave that was in the middle of the forest. It was fun for them as they saw some safari ants walking in a long line. They also enjoyed sharing snacks together and the journey back to school.

Mike - Kindergarten Teacher



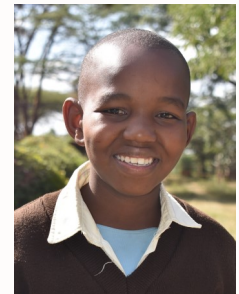
HOW GOOD AND PLEASANT IT IS TO BE HERE

I have been in this school for a term now and I can confidently say that this is the best school for me. I fell in love with the environment the first time I set my eyes on it. The teachers and my fellow students welcomed me well and I feel at home now. I have learnt a lot of new subjects and I appreciate everything. Thanks to the school for the opportunity to be here. *Eunice - Grade 6*



Since I came here I have felt at home. I like the atmosphere here altogether. I like the way the subjects are being taught especially my favourite subjects science and social studies. The environment too is serene with the trees crowning it up. I thank my fellow students for their hospitality and the administration for the opportunity to be here.

Jeff - Grade 8



A HOME AWAY FROM HOME

At the Rudolf Steiner school in Mbagathi, every underprivileged youngster dreams of coming to board. According to rumours we have heard about other schools, that boarding life is difficult because there is bullying, but that is not the case here. With the exception of a few minor arguments here and there, we live like brothers and sisters. The food is balanced and well-prepared. Our ability to mix and participate in many activities with others has greatly improved our social life. We engage in sports like football, table tennis, rope skipping, monopoly, and ludo as well as brain-teasers like the spelling bee. We have the chance to share knowledge and admire one another's cultures. We are fortunate and adore our boarding parents equally. They take good care of us and show us mother and father love. Being here is, in fact, like having a home away from home. *Shantelle - Grade 8*



NATURE WALK NOURISHES THE SOUL



Teachers and children get the chance to explore nature every Friday. They stroll around the school's grounds, taking in the splendor of nature. They distinguish various insects, animals, and small creatures during the stroll, including caterpillars, frogs, butterflies and spiders. Additionally, they get to explore the school farm where they can hunt for and identify various fruits and vegetables. They also like going to the rabbit hutch, where they adore watching the rabbits and feeding them. Nature walks help them interact and socialize with other children. They come across flowers of different colours and scent. Many thanks to what nature has provided to us. **Mike - Kindergarten Teacher**



SHINE ON YOUR WAY, WAHU!



It is difficult to comprehend that one of us has left. Yes, she is now with her maker. It is difficult for the class to accept that a long-time classmate has just departed. A beautiful butterfly, she was. She brought colour to our time and made us happy. She was consistently honest and polite to everyone. Never will we forget Wahu. We shall always have her memories. Losing such an angel is difficult for both the parents and for us. We think that no matter where you are, you are safe. Make the angels laugh all the time. Despite the fact that it was too soon for you to depart, you did your duty properly. **Melissa - Class 9**



FARMING DIFFERENTLY

Rudolf Steiner School runs an organic farm aimed at producing healthy food for the children. I, Francis Kilonzo, lead the farm having joined the farm in the year 2016. Since then I have seen the farm transform from organic to biodynamic farming. Biodynamic farming puts more emphasis on the farm being self-reliant. We keep dairy cows in the school which provide milk for the school children and manure for the school garden. We are focusing on growing fodder crops for the cows to counter the challenges of drought, and also ensure that we feed our cows with healthy food, since when buying from outside one is never sure whether the food is organically produced. This will ensure that our cows produce good quality milk, and meat if we happen to keep a bull for slaughtering, and even good quality manure for production of healthy vegetables. **Francis Kilonzo - Farm**



SPECIAL BREAKFAST

Every day, about forty of our children came to school on an empty stomach – hunger affected their concentration and ability to learn. The big banana and white hot chocolate that the school now provides in the morning is a complete game changer. It leaves the children smiling and very ready to absorb education and uphold creativity. Breakfast being the main meal of the day helps our children have the fuel they need to thrive in and outside the classroom. The results of ending morning hunger are so evident as the children are bubbly, healthy and energetic. This group of children are from extremely needy backgrounds and many times they miss a meal the night before. We are happy to see the difference that small amounts given with a lot generosity can make in the lives of those in need. **Mercy - Sponsorship Office**